

Unity Weekly Newsletter

of the Seacoast



Friday, May 11, 2012

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- Unity -

Is a practical, positive, progressive approach to Christianity based on the teachings of Jesus and the power of prayer.

Unity honors the universal truths of all religions and respects the personal right to choose a spiritual path.

Unity is a movement that supports spiritual transformation and inspires the realization of Oneness with the Divine.

Rev. Philip and Rev. Maryanne, our Spiritual Leaders, welcomes the chance to get to know you! To schedule an appointment or begin a personal conversation, feel free to email at onenessspirit@gmail.com Philip and Maryanne are available at church on Saturdays from 9am to 1pm.

[Unity Of The Seacoast.org](http://UnityOfTheSeacoast.org)

Wherever you are on your spiritual journey, you are welcome in Unity. Join us for service this week- join in our willingness to be the Love that lives in our world!

Namaste, Philip and Maryanne

This Months Unity affirmations:

Inner Peace

The peace of God flows through me now.

Guidance

I am attuned to Spirit and act on the guidance I receive.

Healing

Through the healing power of God, I experience my wholeness.

Prosperity

I am enriched by the gifts of Spirit.

World Peace

My prayer for peace encircles the world.

Food Pantry Donations

Please bring in non-perishable items for the food pantry, and place them in the basket at the rear of the sanctuary.

Sunday May 13 Service – Rev. Philip & Rev. Maryanne

Mother's Day: Honoring the Divine Feminine

Everything in the Universe moves in cycles, everything, with no exceptions. It is difficult for human beings, living a single lifetime to have this perspective. To understand these cycles is to have a broad perspective of "time," and to seek and gain wisdom that exists, but often remains hidden in this world, in this time and place. In this "Earth Cycle" such wisdom often remains hidden and is revealed only to those that seek it.

If the entire Universe behaves this way, then so does all of life, including us. Throughout known history, we see evidence of the cyclical ebb and flow of the Divine Feminine and the Divine Masculine. These days often feel like a dominance of masculine energy, given the aggression and the imbalances in this world. But there have been great world cycles dominated by the feminine where the world also became out of balance. It's the ebb and flow of the Universe, the divine duality, that makes life so amazing.

This week we honor the Divine Feminine. That aspect of our existence that is rooted in the heart and rooted in receiving divine grace, and from that place, giving love and nurturing all that come into and through our lives....our children, our friends, our loved ones, and all that come seeking nurturing and unconditional love. Please join us this Sunday at 10:00 for a celebration of the Mother in us all.

We love you very much, Revs Maryanne and Phil

Quote:

"When you feel you are being moved by the creative spirit, you are in fact being moved by the divine feminine"

~ Teri Degler

Special Mother's Day Fun-Day School, This Sunday May 13th

Hosted by Moria's Dad (aka Michael Alley). Michael has a special time planned for our children this Sunday, so every mother can be in service and enjoy. We appreciate his gifts to our community. The children will have a rich experience while we celebrate the Divine Feminine in us all.

Oneness Awakening Course

Friday, May 18th 6 pm-8 pm and
Saturday, May 19th 9am-9pm

Presented by Mahaal Ajallahb and Elizabeth Barron

This is an intensive weekend focused on Awakening to Oneness. The Oneness process opens up our hearts and senses to experience more fully the richness of life in all of its manifestations, from the immediacy of the present to the transcendence of the Divine.

See details below: [Oneness Awakening Course](#)

Spiritual Cinema

Please join us Friday May, **May 25th** at 7:00 p.m. in the sanctuary. Suggested Love Offering: \$5.00. Hosted for the next three months by Revs Maryanne and Phil.

- May: "Thrive"

If anyone wishes to bring food to sell as a fundraiser (e.g., popcorn, cookies, soft drinks, etc.), please feel free to do so. Also please be aware that if you wish to host and organize a Pot Luck before Spiritual Cinema, please contact Revs Maryanne and Phil.

Wednesdays Interfaith Healing Service

Held Weekly

Oneness Blessing When Revs Maryanne & Phil Host

This Week's Host: Revs Maryanne and Phil

This week's theme will be:

Buddhist practice of Compassion

Please bring readings or experiences that you'd like to share on the topic of Compassion. We will practice a Compassion meditation, read the Prayer of St. Francis, and think of, or talk about times when we would have liked to have been shown compassion in the past, and times when we wished that we had shown more compassion.

Movie Showing & Panel Discussion

**"Mother Nature's Child -
Growing Outdoors in the Media Age"**
Monday, May 14 at 6:30 p.m.

The film runs for 57 minutes and will be followed by a panel discussion with folks in the Seacoast area who are leading the way in nature education for children and adults. Co-sponsored by Tidewater Waldorf School and White Pine Programs.

Social Activism Affirmative Prayer Circle

Hosted By Garko – Twice Monthly
Next Gathering - Thursday, May 17 at 7:00 p.m.

TOGETHER WE AFFIRM ... Group affirmative prayer and energy healing, first inward and then outward to the world around us. Have an issue that you know is affecting you, your loved ones, your community adversely but not sure what you can do about it? Let's get together and channel some healing energy.

UOTS Donations Welcome Through PayPal

[Donate Now](#)

This Weeks Offerings:

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05/13 Sunday 9:00am	A Joyful Noise Choir Practice
05/13 Sunday 9:45am	Toddler Care
05/13 Sunday 10:00am	Funday School - Kris McCosh
05/13 Sunday 10:00am	Sunday Service - See Details above
05/13 Sunday 11:15am	Fellowship
05/14 Monday 7:00pm	A Course in Miracles Study Group - Contact: Brad bdole@metrocast.net
05/16 Wednesday 6:30pm	Knitting for World Peace - Panera Bread in Dover Contact Lin Richard- knitting4worldpeace@gmail.com
05/18 Wednesday 6:30pm	No Oneness Blessing this week - Rev. Maryanne and Rev. Philip Every other week
05/16 Wednesday 7:00pm	Interfaith Healing Service - See Details above

Save The Dates:

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UPCOMING MEETINGS & CLASSES:

- **Friday May 18th and Saturday May 19th 2012** – Oneness Awakening Course Presented by Mahaal Ajallahb and Elizabeth Barron - [See details below](#)
- **Sunday May 20 - Monthly Community Meeting – After Potluck** Hear about what our Spiritual Leaders are focused on, what the Steering team is focused on and share your ideas on anything and everything Unity of the Seacoast!

ANNOUNCING A VERY SPECIAL EVENT: Oneness Meditation, Wednesday June 13th, 7:00 p.m. (Doors Open at 6:30) This is a very special visit to NH by **Peter Beech**, one of only four people in North America with this ability at present

Oneness Meditation is a new powerful meditation where Divine Energies are transmitted to help awaken the spiritual energies within you. This very sacred Blessing offers you the opportunity to free the mind effortlessly and wake up to the magic and beauty of life. Flowing through the eyes of the Oneness Meditator, Oneness Meditation creates a neurobiological shift that naturally accelerates the Awakening process.

Oneness Meditation is for everyone. It is secular and given in silence. There is nothing for you to do except receive the blessing. No prior experience of Oneness events is needed. People from all walks of life, all backgrounds and all faiths, are experiencing dramatic change and improvements in their lives through this Meditation.

Oneness Meditation was released at the beginning of 2012, to assist with the planetary shift in consciousness. Originated from the Oneness University, it is part of a global phenomenon which is taking many forms. Oneness Meditation brings you and your community the experience of Oneness, One Love, One Consciousness, One with all that is. It is helping to start a chain reaction that creates a critical mass for a shift towards setting you and all of humanity totally free.

Oneness Meditation is not about any teaching, belief or philosophy. It's about your Awakening. **This is for YOU.**

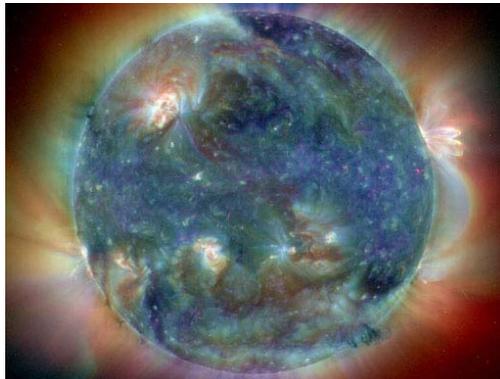
Reoccurring Events:

- **Interfaith Healing Service: Wednesdays at 7:00 p.m..**
 - **A Course in Miracles - 7 pm:** Every Monday, Contact Brad Dole – bdole@metrocast.net
 - **Second Thursday of each month:** **Monthly board meeting** and the **Community meeting the Sunday following** the board meeting with a potluck
 - **Fourth Sunday of each month:** Prayer Team and Chaplains Gathering
 - **Prayer Shawl Ministry/ Knitting for World Peace:** Sundays and Wednesdays offsite gatherings, Contact Lin Richard knitting4worldpeach@gmail.com
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Oneness Awakening Course

Sponsored by Unity of the Seacoast, Rollinsford, NH



Presented by Mahaal Ajallahb and Elizabeth Barron

Course fee and Cancellations Policies:

To become a Deeksha Giver: \$225/ person; \$350/ couple from same household

For Deeksha Givers attending for deepening: \$100 per person; \$165/ couple from same household

Cancellations before May 3, 2012 will receive a refund of their registration fee less a \$25 administrative fee.
No refunds for cancellations after May 3, 2012

Dates: Friday night **May 18th** 6pm-8pm and Saturday **May 19th** 9am-9pm 2012

Course Location: Unity of the Seacoast, 3 Front Street, Salmon Falls Lower Mill Bldg, Rollinsford, NH

For more information, contact: Pam Roberts 207-351-6697

Registration Link: [Oneness Blessing on the UOTS Web Site](#)

This is an intensive weekend focused on Awakening to Oneness. The Oneness process opens up our hearts and senses to experience more fully the richness of life in all of its manifestations, from the immediacy of the present to the transcendence of the Divine.

- Learn a practice for awareness and happiness in your inner and outer life
- Experience an ancient technique to deepen your experience of Divine Grace
- Learn teachings and experience the Oneness Deeksha to help you:
 - Establish an intimate, personal relationship with the Divine
 - Heal your relationships with self and others
 - Lead you to Awakening and God Realization
 - And more...
 - Experience the sacred phenomenon of Mukthi Deeksha
- Be initiated as a Oneness Deeksha (Blessing) Giver

For more information about Oneness: [Oneness University](#)

For more information about Elizabeth & Mahaal: [Integral Realizations](#)

Sacred Service Opportunities:[Back To Top](#)

- Bookstore Manager & Team
- Event Coordinator
- Volunteers for Weekly Kitchen Coordination
- Audio and Visual Recording Coordinator
- Drummer

UOTS - Mission Statement

Unity of the Seacoast is a loving presence in the community, empowering people to embrace their divinity.

Unity Principles

God is all good, and active in everything, everywhere.

I am naturally good because God's Divinity is in me and in everyone.

I create my experiences by what I choose to think and what I feel and believe.

Through affirmative prayer and meditation, I connect with God and bring out the good in my life.

I do and give my best by living the truth I know. I make a difference.