

# Unity

of the Seacoast



# Weekly Newsletter

## Spring ahead" at 2:00 a.m. this Sunday

Time may be an illusion, but if you don't remember to "spring ahead" at 2:00 a.m. this Sunday, you will miss Sunday service and arrive in time for the announcements. Please remember to set your clocks ahead an hour this Saturday night when you go to bed.

Friday, March 9, 2012

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### - Unity -

Is a practical, positive, progressive approach to Christianity based on the teachings of Jesus and the power of prayer.

Unity honors the universal truths of all religions and respects the personal right to choose a spiritual path.

Unity is a movement that supports spiritual transformation and inspires the realization of Oneness with the Divine.

**Rev. Philip and Rev. Maryanne**, our Spiritual Leaders, welcomes the chance to get to know you!  
To schedule an appointment or begin a personal conversation, feel free to email at [onenessspirit@gmail.com](mailto:onenessspirit@gmail.com)  
Philip and Maryanne are available at church on Saturdays from 9am to 1pm.

[UnityOfTheSeacoast.org](http://UnityOfTheSeacoast.org)

*Wherever you are on your spiritual journey, you are welcome in Unity. Join us for service this week- join in our willingness to be the Love*

Sunday March 11 Service – Rev. Philip & Rev. Maryanne

## In Harmony, Balancing the Infinite

In Unity we *affirm*, I am an unlimited Spiritual Being. I am a child of God, and so forth. So with that being the truth, why would we ever have issues around life balance? How can an unlimited life get out of whack? Why is it so often a challenge for unlimited and infinite beings to live a truly harmonious life?

Well, we're spiritual beings living a human life, as they say. And the trick is to be in the world, but not of the world. We've all heard this before. So we have all of this wonderful spiritual wisdom that we draw upon every moment of these physical lives...so why the challenges? It's because this physical world involves billions of physical beings all interacting with each other and each and every one of them are functioning at a unique level of consciousness and awareness around whom and what they are.

At the most basic level we can say that we are energy and be pretty close to the truth. We are not physical beings. We are the animating presence within these bodies. We are the "energy" that animates these physical forms. And the key to our happiness, the key to how we experience our life comes from how we manage this energy that we are. Where do we place our attention? How do we "spend time?" Are we in spiritual practice? Do we practice prayer? Do we meditate and so forth? Do we give our energy away needlessly to those who can never get enough?

What is it to live in harmony and balance? How do we begin to balance the infinite power of God that we are? We invite you to join us this Sunday morning at 10:00 a.m. to explore this together and open ourselves up more and more to what it means to truly live our

that lives in our world!

Namaste, Philip and Maryanne

### **This Months Unity affirmations:**

#### **Inner Peace**

I discover peace within.

#### **Guidance**

Prompted by inner guidance, I move forward with courage and poise.

#### **Healing**

I claim my wholeness. I am healthy and strong.

#### **Prosperity**

Spirit fills my mind and my life with unlimited good.

#### **World Peace**

My thoughts, words and actions contribute to peace for all.

### **Food Pantry Donations**

Please bring in non-perishable items for the food pantry, and place them in the basket at the rear of the sanctuary.

infinite potential..

We love you very much,  
Revs Phil & Maryanne

### ***This Week's Quote***

*" Balance is to choose happiness, to feel that the purpose of life is to love, not necessarily to be loved, to be happy, to be conscious, to be aware, to be fulfilled."*

~ Unknown

### **This Sunday - Special**

### **Honoring of our new Steering Team Members.**

Revs Maryanne and Phil will be taking a few moments during service to acknowledge and bless our new Steering Team and affirm the wonderful work that this new team brings to our beloved community.

### **Funday School**

### **Unity of the Seacoast Youth Ministry – Returns**

We are so very pleased to announce that we now have a wonderful woman who has agreed to care for and teach the children of Unity of the Seacoast on Sunday mornings. Kris McCorth will be joining us this Sunday morning to fill this very important role in our community. Kris is a certified educator with great experience and lots of ideas to keep our youth engaged on Sunday mornings in positive and uplifting ways. Kris can always use some help though. So we invite anyone that is interested in helping out in the Children's room to make themselves known to Kris or a member of the church leadership.

### **Spiritual Cinema Returns!!!**

Please join us Friday Evening, March 30th for the return of Spiritual Cinema, 7:00 p.m. in the sanctuary. This month's film is "The Moses Code" by James Twyman. Suggested Love Offering: \$5.00. Hosted for the next three months by Revs Maryanne and Phil. This is the first in what is being referred to as "The Trilogy"

- March: "The Moses Code"
- April: "I Am"
- May: "Thrive"

If anyone wishes to bring food to sell as a fundraiser (e.g., popcorn, cookies, soft drinks, etc.), please feel free to do so. Also please be aware that if you wish to host and organize a Pot Luck before Spiritual Cinema, please contact Revs Maryanne and Phil.

# Wednesdays Interfaith Healing Service

Held Weekly

Oneness Blessing When Revs Maryanne & Phil Host

**This Week's Host: Esther Morrow.**

This week's theme will be:

**Crystal Singing Bowls**

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**UOTS Donations Welcome Through PayPal**

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## This Weeks Offerings:

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03/11 Sunday 9:00am	A Joyful Noise Choir Practice
03/11 Sunday 9:45am	Toddler Care
03/11 Sunday 10:00am	Funday School - <b>Kris McCorth</b>
03/11 Sunday 10:00am	Sunday Service - <b>Rev. Philip &amp; Rev. Maryanne</b>
03/11 Sunday 11:15am	Fellowship
03/12 Monday 7:00pm	A Course in Miracles Study Group - Contact: Brad <a href="mailto:bdole@metrocast.net">bdole@metrocast.net</a>
03/14 Wednesday 6:30pm	Knitting for World Peace - <a href="#">Panera Bread in Dover</a> Contact Lin Richard- <a href="mailto:knitting4worldpeace@gmail.com">knitting4worldpeace@gmail.com</a>
03/14 Wednesday 6:30pm	<b>No</b> Oneness Blessing this week - Rev. Maryanne and Rev. Philip <b>Every other week</b>
03/14 Wednesday 7:00pm	<b>Interfaith Healing Service</b> - <a href="#">See Details above</a>

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## Save The Dates:

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### UPCOMING MEETINGS & CLASSES:

- **March 11, 2012 – Installation of New Steering Team during Sunday Service.**

### Reoccurring Events:

- **Interfaith Healing Service: Wednesdays at 7:00 p.m..**
  - **March 14** Esther Morrow leads a Crystal Healing Bowl Healing Service
  - **March 21** Pam Roberts and Joan Norton lead a Loving Kindness Healing Service
  - **March 28** Revs Phil and Maryanne offer a Oneness Blessing at 6:30 followed by the ICBS at 7 pm.
- **A Course in Miracles - 7 pm:** Every Monday, Contact Brad Dole – [bdole@metrocast.net](mailto:bdole@metrocast.net)
- **Reiki-Share Circle 6 pm:** 2nd Friday of each month Love Offering Basis Coordinator: Jasper Salach [solie@inbox.com](mailto:solie@inbox.com)
- **Second Thursday of each month:** **Monthly board meeting** and the **Community meeting the Sunday following** the board meeting with a potluck
- **Fourth Sunday of each month:** Prayer Team and Chaplains Gathering
- **Prayer Shawl Ministry/ Knitting for World Peace:** Sundays and Wednesdays offsite gatherings, Contact Lin Richard [knitting4worldpeace@gmail.com](mailto:knitting4worldpeace@gmail.com)

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## UOTS Announcements:

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## Sacred Service Opportunities:

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- Bookstore Manager & Team
- Event Coordinator
- Website Coordinator
- Audio and Visual Recording Coordinator

- Music Team/Choir
- Chaplains

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Monthly Note from the Board:

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## UOTS - Mission Statement

Unity of the Seacoast is a loving presence in the community, empowering people to embrace their divinity.

### Unity Principles

God is all good, and active in everything, everywhere.

I am naturally good because God's Divinity is in me and in everyone.

I create my experiences by what I choose to think and what I feel and believe.

Through affirmative prayer and meditation, I connect with God and bring out the good in my life.

I do and give my best by living the truth I know. I make a difference.

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